**Audrey Garcia**

Licensed Clinical Social Worker

1635 N Victor St Aurora, CO 80045

(612) 965-3947 – audrey.garcia@childrenscolorado.org

**OBJECTIVE .**

Self-propelled learner and activist in domains of person-focused clinical modalities with advanced training in Eating Disorder treatment and domestic violence-related symptomology. Strong involvement in the collective efforts of community engagement and local public service providers for the enhancement of resources for survivors of intimate partner and domestic violence through medical advocacy. Motivated to promote whole-person health equity through community health navigation and education.

**CURRENT POSITIONS .**

**Instructor,** Department of Psychiatry, *December 2024-present*

University of Colorado School of Medicine

**Behavioral Health Clinician**, *December 2024-present*

Pediatric Mental Health Institute

Eating Disorder Program

Children’s Hospital Colorado

**EDUCATION .**

Degrees

B.S.W. with a Major in Social Work, Certificate in Nonprofit Leadership, *May 2020*

Minnesota State University, Mankato

M.S.W. in Advanced Clinical Social Work, *May 2022*

Walden University, Minneapolis, MN

Professional Training

* Undergraduate student internship – Shelter Advocate

Committee Against Domestic Abuse (C.A.D.A.)

Mankato, MN, *2018-2020*

* Graduate student internship – Mental Health Clinician

Inpatient and Residential Adult Men’s Addiction Center

Minnesota Adult & Teen Challenge, Minneapolis, MN, *2021-2022*

* Completed Introductory training in Cognitive Behavioral Therapy for Insomnia (CBT-I),

Minnesota Trauma Recovery Institute, *2019*

* Certified Sexual Assault Advocate, *2018*
* Certified Mental Health First Aid, *2022*

University of Colorado Hospital

* International Association of Eating Disorders Professionals (IAEDP) Credential course training, *February 2025-present*

**LICENSURE**

Licensed Clinical Social Worker, Colorado Department of Regulatory Agencies

CSW.09931013, *active since October 2024*

**PROFESSIONAL EXPERIENCE**

Residential Transitions Inc., Mendota Heights, MN October 2020-February 2022

**Housing Access Coordinator**

Provided case management and housing navigation for individuals and families in the Dakota, Ramsey and Hennepin Counties experiencing homelessness or were at-risk of becoming unhoused.

**Adult Rehabilitative Mental Health Services Provider** October 2020-February 2022

Provided home- and community-based mental health support services and companionship for adults who suffered from severe or persistent mental illness (SPMI).

**Targeted Case Manager** October 2020-February 2022

Provided community-based case management for individuals serving civil commitments for substance use or idiopathic SPMI on the basis of previously determined inadequate self-management of symptoms, resulting in involuntary compliance with guidelines that preserve the individual’s safety and engagement with financial and in-kind support services.

Eating Recovery Center, Denver, CO March 2022-July 2024

**Program Therapist II**

Facilitated daily groups and supervised an inpatient milieu of adults in Inpatient and Residential treatment for eating disorders. Offered coverage for individual counseling and conducted as-needed sessions for IP, PHP and IOP eating disorder groups.

University of Colorado Hospital, Aurora, CO November 2022-November 2024

**Outpatient Medical Social Worker**

Managed a caseload of acute or ongoing service navigation, implementation and participation of community-based services following the initial requests made by primary care providers within the outpatient care setting.

University of Colorado School of Medicine, Denver CO November 2024-Present

**Behavioral Health Clinician & Instructor**

Providing ongoing outpatient treatment, psychoeducation and family therapy for adolescents both in-person and virtually

**Crisis Clinic Individual and Family Clinician** November 2024-Present

Providing short-term therapy for adolescents and families following an initial visit to the ED endorsing imminent or high risk of suicide.

**PROFESSIONAL COMMITTEE AND SERVICE RESPONSIBILITIES .**

Community Volunteer

* Colorado Hosting Asylum Network (C.H.A.N.), *February 2024-Present*
* Gateway Domestic Violence Services, *October 2024-Present*

Professional Organizations

* International Association of Eating Disorder Professionals (IAEDP) Affiliate, *December 2024-Present*